

# Benefits of Marine Phytoplankton

Marine Phytoplankton provides a unique blend of phytonutrients and a naturally balanced composition of sea minerals. These phytonutrients are essential, natural, plant-based chemicals that promote proper metabolic functions. Many of them exhibit potentially promising effects in human physiology:

- Promotes General Nutrition
- Nourishes Eyes & Nerves
- Promotes Cardiovascular Health
- Supports Normal Cholesterol Levels
- Promotes Normal Blood Sugar Levels
- Supports the Liver
- Promotes Healthy Skin
- Provides Energy
- Supports the Immune System



*The body heals itself when properly edified, and nothing edifies the body like Marine Phytoplankton*

- |                       |                               |                            |
|-----------------------|-------------------------------|----------------------------|
| Alanine               | Glutamine                     | Phenylalanine              |
| Arginine              | Glutathione                   | Phosphorous                |
| Asparagine            | Glycine                       | Potassium                  |
| Aspartic Acid         | Glycogen                      | Proline                    |
| Betacarotene          | Histidine                     | Pyridoxine (Vitamin B6)    |
| Bioflavonoids         | Iodine                        | Riboflavin                 |
| Biotin                | Iron                          | RNA                        |
| Boron                 | Lecithin                      | Selenium                   |
| Calcium               | Leucine                       | Serine                     |
| Chlorophyll           | Linoleic Acid                 | Silicon                    |
| Chromium              | Lysine                        | Sodium                     |
| Cobalt                | Magnesium                     | Superoxide Dismutase (SOD) |
| Copper                | Manganese                     | Substance P                |
| Cysteine              | Methionine                    | Thiamine (Vitamin B1)      |
| Essential Fatty Acids | Molybdenum                    | Threonine                  |
| Electrolytes          | Niacin (Vitamin B3)           | Tyrosine                   |
| Fiber                 | Nickel                        | Valine                     |
| Fluorine              | Nucleic Acids                 | Vanadium                   |
| Folic Acid            | Omega-3 Fatty Acids           | Vitamin B12                |
| Germanium             | Omega - 6 Fatty Acids         | Vitamin C                  |
| Gamma Linolenic Acid  | Pantothenic Acid (Vitamin B5) | Vitamin E                  |
| Glutamic Acid         |                               | Zinc                       |

# Supplement Facts

Serving Size: 1/2 oz. (15ml)  
Servings per Container: 32

	Amount per Serving	% DV
Calories	5	<0.5%
Total Carbohydrate	1.25gm	0.5%
Sugars (Natural Fruit Juices)	1.25gm	
Magnesium (Ionic Sea Mineral Blend)	8mg	4%
Selenium (Ionic Sea Mineral Blend)	5mcg	7%
Chloride (Ionic Sea Mineral Blend)	47.52mg	0.7%
Boron (Ionic Sea Mineral Blend)	40mcg	*
Aloe Vera Juice	1.25mg	*
Marine Phytoplankton	37.5mg	*
Cranberry Concentrate	750mg	*
Apple Concentrate	560mg	*
Noni Juice	560mg	*

\* Daily Value (DV) not established  
\*\* Percent Daily Values (DV) are based on a 2000 calorie diet.

**Ingredients:** Purified Water, Proprietary Blends of the following: Aloe Vera Juice, Cranberry Concentrate, Apple Concentrate, Morinda Citrifolia (Noni Juice), Ionic Sea Trace Minerals, Marine Phytoplankton, Frankincense, Nutmeg, Astaxanthin, Ginger, Orange, Sweet Lime, Rose, Citric Acid, Rosemary Anti-Oxidant, Natural Blueberry Concentrate.

*A portion of proceeds of every purchase is donated to environmental marine research and development.*

These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, cure or prevent any disease.



# FrequenSea™

WITH MARINE PHYTOPLANKTON  
*A ForeverGreen Exclusive!*

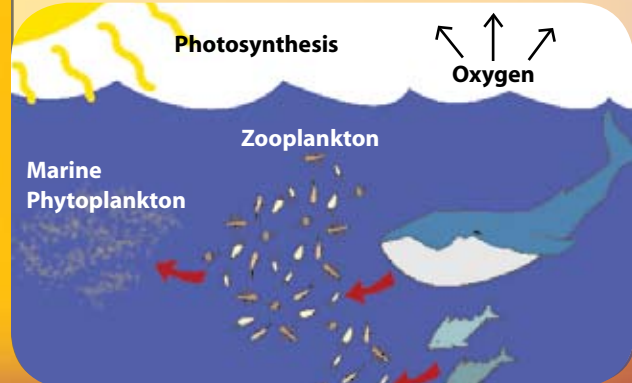
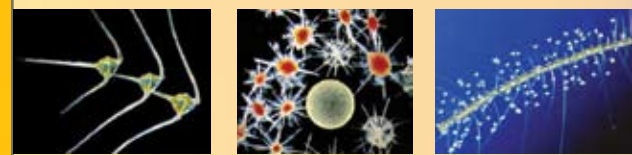
*"The future of nutrition is found in the ocean"*  
—Jacques Cousteau

# Reawaken your body's healing power with Mother Earth's milk... from the ocean.

It is interesting how our bodies are 70% water and the Earth is 70% water, yet we attempt to get 100% of our nutrition from the Earth's 30% land mass. Why not replenish our bodies completely with all of the Earth's elements? FrequenSea™ is whole-food nutrition from land and sea; containing Marine Phytoplankton, Rose, Frankincense, Ionic Sea Minerals, Herbs, Aloe Vera, Astaxanthin, all carried naturally in Cranberry, Blueberry, and Apple concentrates with a twist of Lime and a kick of Ginger. The body is a self-healing mechanism and will perform miracles by the minute when we learn to honor its intelligence. Nothing honors the body like FrequenSea.

## What is Marine Phytoplankton?

**Phyto = "Light/Plant" Plankton = "Floating/Suspended"**  
Scientists at NASA theorize that some 3 1/2 billion years ago, the world was changed forever. The appearance of tiny organisms with the ability to convert sunlight, warmth, water and minerals into protein, carbohydrates, vitamins and amino acids marked the beginning of life. Marine Phytoplankton, these single-celled plants are the basis of all other life forms on planet earth and are the 'vegetation' of the ocean. Marine Phytoplankton, are consumed by the smallest to the largest forms of live. Whales that feed on plankton and krill are known to live up to 200 years. **Marine Phytoplankton are responsible for making up to 90% of Earth's oxygen.**



# Two Patent-Pending Technologies are used to create **FrequenSea™**

## Highlighted AMPed Ingredients:



# FrequenSea™

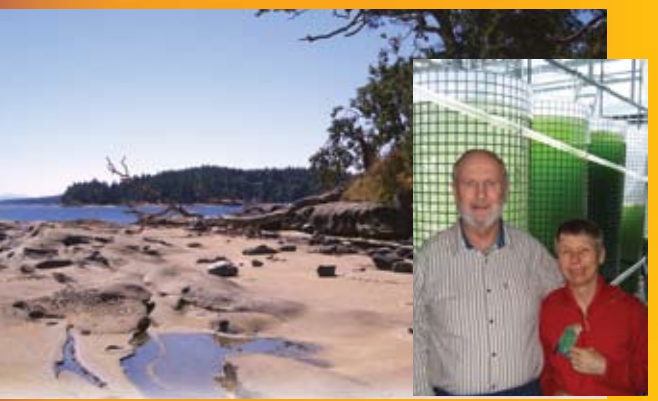
## Provides Cellular Building Blocks

### 1. Proprietary Marine Phytoplankton harvesting and concentration technology

#### It started on a sea farm...

The marine phytoplankton in FrequenSea™ is harvested on a sea farm in the Pacific Northwest where over 200 different species of marine phytoplankton thrive, and this variety is unrivaled anywhere else in the world. Other farms boast 12, 25, or 50 different species maximum. This sea farm developed an amazing renewable process that recreates the spring bloom—a time of year where phytoplankton photosynthesis is maximized—every month! The process actually replenishes more phytoplankton to the ocean than it harvests. This supports an amazingly diverse ecosystem near the farm.

The exclusive harvesting extraction process allows us to combine the benefits of phytonutrients with a natural and balanced composition of sea minerals. Phytonutrients are natural plant-based chemicals that promote proper metabolic functions.



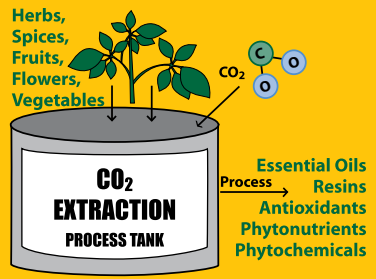
This pristine Pacific Northwest beach is the home of the one of a kind sea farm where Tom Harper created and maintains the exclusive, patent-pending process of growing and harvesting marine phytoplankton. Thousand gallon tanks, in conjunction with 8 million liter tanks, are used to recreate the spring bloom each month instead of only once a year.

### 2. Exclusive AMP process

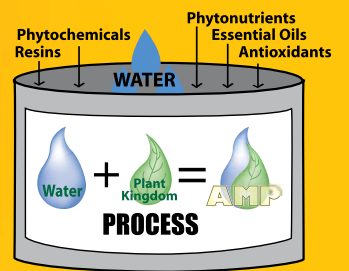
#### Nature intended us to benefit from the whole plant.

The plant kingdom holds many secrets to health that we are only beginning to discover.

ForeverGreen uses a natural, environmentally conscious process to extract essential ingredients for FrequenSea™. Instead of common extraction involving heat or nutrient-harming solvents, ForeverGreen uses CO<sub>2</sub> extraction to capture every nutrient from the whole plant without destroying the nutrients. When a certain amount of pressure is applied to CO<sub>2</sub> (carbon dioxide), it turns into liquid. This liquid CO<sub>2</sub> can be used as an inert, safe liquid solvent. CO<sub>2</sub> is the gas we all exhale from our lungs. It is also the gas that plants thrive on. This unique CO<sub>2</sub> extraction process preserves the **essential oils, resins,** and powerful **antioxidant-rich phytonutrients** of the whole plant.



Once the CO<sub>2</sub> process is complete, how do we optimally absorb these amazing nutrients into our body? Before the oil components and the water-based components can blend together, an emulsifier is needed. Prior to ForeverGreen's exclusive AMP (Aqueous Molecular Partitioning) process, chemical-based emulsifiers were the only option. The AMP process is a technological breakthrough, emulsifying the plant components and rendering them water-soluble making it instantly bioavailable in the body. Nothing carries nutrients into our cells more effectively than water, as 70% of the human body is water and 94% of the brain is water. Today most supplements come in forms that are not easily absorbed, therefore you often pay for expensive supplements that are never actually utilized by your body.



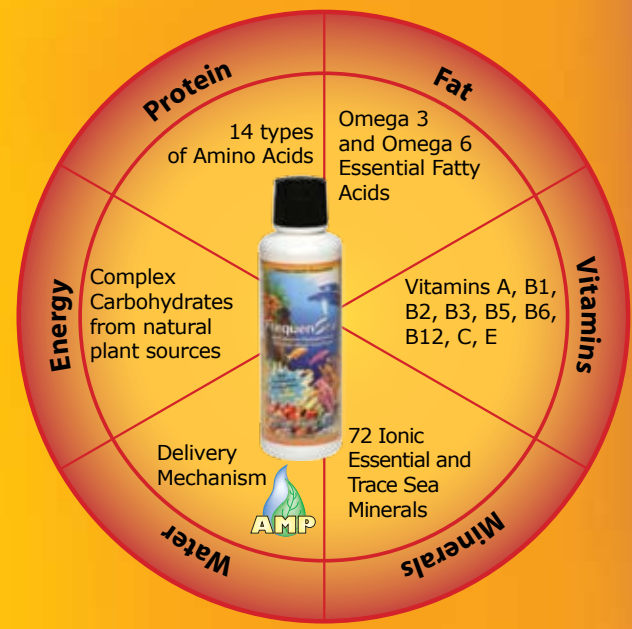
**Rose** – Clinical research shows that plant concentrates have the highest frequency of any natural substance. The higher the frequency, the more effective the plant is in warding off bacteria, viruses, and fungus. Many plants emit a frequency starting at 52MHz. Rose emits the highest frequency at 320MHz. AMPed Rose may aid in the treatment of digestive disorders, may relieve feelings of nausea, and possibly revitalize damaged intestinal walls. Other possible benefits may include soothing nerves and emotions, relieving nervous tension, improving overall sense of well being, improving circulation, aiding in liver detoxification, relieving menstrual tension, and treating insomnia.

**Ginger** – Because of its numerous health benefits, we have increased the levels of ginger in the enhanced formula of FrequenSea™. Ginger has been revered in Indian and Chinese civilizations for over 5000 years for its powerful health imparting properties. Its health benefits range from prevention of migraines to stimulating digestion. Today, ginger is widely used to relieve severe nausea and prevent colds. Ginger also aids in metabolism.

**Astaxanthin** – A powerful, natural, biological antioxidant extracted from the marine micro-algae, (*haematococcus pluvialis*). Astaxanthin is the carotenoid responsible for the pink pigmentation in the flesh of salmon, lobster, krill and other aquatic animals and plants.

These natural compounds are important nutrients and protectants for the skin and contribute to whole body health. Astaxanthin also crosses the blood-brain barrier, making it available to the eyes, brain and central nervous system.

**Frankincense** – At its peak, frankincense's value rivaled and was traded for gold, the rarest silks, and the most precious of gems. Ironically, it is a milky-white resin produced by a prickly, unlikely looking tree, genus *Boswellia*. It has been traded for over 5000 years. Today, as in years past, frankincense is a valued commodity and its pure essential oil sells for up to a dollar per drop. It is commonly referred to as the "mother of all essential oils".



### What doctors are saying about Marine Phytoplankton:

*"Marine Phytoplankton is one of the most rare ingredients on the planet because it contains, in a concentrated form, almost everything you need for life or the rebuilding of a healthy life."*

– **Jerry Tennant, MD, head of the Tennant Institute of Integrative Medicine in Dallas**

*"Marine Phytoplankton is an ideal food for mankind. It's Mother Earth's milk from the ocean. The research we are designing at the University of Utah Medical School testing the health benefits of Marine Phytoplankton is very exciting and promising."*

– **Hugo Rodier, MD, Nutrition professor at University of Utah Medical School**